

# NUVO LIFE CARE

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Your health, we care

# ABOUT US



2020

2021

2022

We formed the company seeing the infertility problems nowadays. Thus, together with infertility specialists, we developed the supplement, **"REPRO VITA-F. REPRO VITA-M, ASTA PRO"**

Seeing the difficulties of women in taking calcium during pregnancy, we utilized our best innovation and developed **"NUVO CALCIUM JELLY"**, a jelly that is suitable for everybody. Here, we also started the studies on hair and skin care product for pregnant women.

We established MY DEAR MOM, a brand created for pregnant women. Our products are produced in an internationally accredited factory. All products are certified by trustworthy organizations.



# NUVO LIFE CARE "YOUR HEALTH, WE CARE"

Infertility problem keeps growing nowadays. Couples who wish to have a child to fulfill their family try to find ways to improve their fertility, such as using herbs or following some beliefs. Many of them fail from these methods. Moreover, some false beliefs could even lead to health problems.

Therefore, we work with infertility specialists, who have more than 14 years of experience, to develop supplements that consist of essential benefits. The ingredients we use are supported by studies, ensuring that they help with pregnancy. The product is encapsulated in an appropriate amount for consumption. This is an alternative way for people who look for supplements before having children. Our product is safe and full of benefit at a reasonable price.



# Supplements for people with infertility



Repro Vita-F



Repro Vita-M



Asta Pro

# Repro Vita-F

Supplement for women



# Repro Vita-F

Supplement for women

which helps enhance the ovarian

With over 22 ingredients to enhance the ovum

Balance hormone levels and enhance skin to be brighter

- ✓ Increase egg cells
- ✓ Increase fertilization and pregnancy rate
- ✓ Is an antioxidant that helps with wrinkles
- ✓ Enhance skin to be healthier
- ✓ Balance digestive system
- ✓ Enhance body immune and other systems
- ✓ Easy to eat and carry. Has no side effect

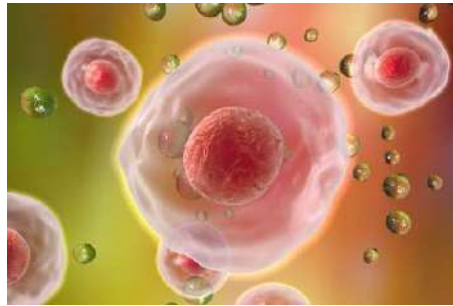




# Who is suitable for Repro Vita-F ?



Women who receive  
infertility treatment



Women who want to  
improve egg cells



Women who want to  
enhance body immune



Women who want to increase  
the chance of pregnancy



Women who want to  
take care of their skin

# Repro Vita-F

## Key ingredients

- L-Carnitine, L-Tartrate: They help with egg and embryo development, increase the chance of fertilization and pregnancy
- Inositol: It enhances egg cell quality, reduces underdeveloped eggs, and reduces the need of medication
- Gamma Oryzanol: It helps prevent stress-related diseases, is an antioxidant, and reduces the risk of obesity and inflammation
- Fibersol: It prevents cancer cell development

In total, there are 22 beneficial ingredients that help with egg quality and women's health in order to maintain the best health before having a child. Plus, it also helps with bright skin.



## Repro Vita-F

ผลิตภัณฑ์อาหารเสริมสำหรับผู้หญิง

ส่วนประกอบสำคัญใน 1 ซอง



รีซิสแทนท์ มอลโทเด็กซ์ทริน (ไฟเบอร์) (Resistant Maltodextrin) (Fiber)	3,000 มก./mg
แอล-อาร์จินีน (L-Arginine)	1,000 มก./mg
แอล-คาร์นิทีน แอล-ทาร์เตรต (L-Carnitine L-Tartrate)	500 มก./mg
แมกนีเซียม อะมิโน แอซิด คีเลต 20% (Magnesium Amino Acid Chelate 20%)	500 มก./mg
อินซิทอล (Inositol)	150 มก./mg
แกมมาโอไรซานอล (Gamma oryzanol)	100 มก./mg
ผงการตเชอร์รี่ (Tart Cherry Powder)	100 มก./mg
กรดแอสคอร์บิก (วิตามิน ซี) (Ascorbic Acid (Vitamin C))	60 มก./mg
กรดอัลฟา-ไลโปอิก (Alpha-Lipoic Acid)	50 มก./mg
ดีแอล-แอลฟา-โทโคเฟอรอลแอซเตต 50% (วิตามิน อี) (DL-alpha-tocopheryl acetate 50%) (Vitamin E)	20 มก./mg
ไนอาซินาไมด์ (วิตามิน บี3) (Niacinamide) (Vitamin B3)	10 มก./mg
แมงกานีส อะมิโน แอซิด คีเลต 10% (Manganese Amino Acid Chelate 10%)	17.5 มก./mg
ซีลีเนียม อะมิโน แอซิด คีเลต 1% (Selenium Amino Acid Chelate 1%)	3.5 มก./mg
ดี-แพนโทเทอเนต แคลเซียม (D-Pantothenate Calcium)	3 มก./mg
วิตามิน ดี3 (100,000 IU/g) (Vitamin D3) (100,000 IU/g)	2 มก./mg
ไพริดอกซิน ไฮโดรคลอไรด์ (Pyridoxine Hydrochloride)	1 มก./mg
วิตามิน บี12 0.1% (Vitamin B12 0.1%)	1 มก./mg
กรดโฟลิก 10% (Folic Acid 10%)	1 มก./mg
ไรโบฟลาวิน 98% (วิตามิน บี2) (Riboflavin 98%) (Vitamin B2)	0.85 มก./mg
ไทามีน ไฮโดรคลอไรด์ (วิตามิน บี1) (Thiamine Hydrochloride) (Vitamin B1)	0.75 มก./mg
ดี-ไบโอติน (D-Biotin)	0.15 มก./mg
โพแทสเซียมไอโอไดด์ (Potassium Iodide)	0.1 มก./mg



Studies on the ingredients of Repro Vita-F

**The role of L-arginine in human pregnancy**

**Abstract:** L-arginine is a semi-essential amino acid dependent upon the functional circumstances. Pregnancy is a condition in which demands for L-arginine are increased because of the foetal and placental growth, increased catabolism in women and increased production of nitric oxide for vasodilation function. L-arginine deficiency does not have been linked to poor pregnancy outcomes involving foetal loss, miscarriage, growth restriction, and pre-eclampsia. Studies have shown that L-arginine supplementation with L-arginine during pregnancy results in a significant reduction of maternal blood pressure and pre-eclampsia risk. The maternal supplementation of L-arginine also could improve the placental blood flow during human pregnancy. Further research is needed to find its use in general population of pregnant women.

**Inositol supplement improves clinical pregnancy rate in infertile women undergoing ovulation induction for ICSI or IVF-ET**

**Abstract:** Purpose: The purpose of this study was to evaluate the effect of inositol supplement in infertile women undergoing ovulation induction for in vitro fertilization (IVF) or intracytoplasmic sperm injection (ICSI) or other fertilization methods (IVF-ET). Methods: This study was a randomized controlled trial of 100 infertile women undergoing ovulation induction for ICSI or IVF-ET. Results: The clinical pregnancy rate was significantly higher in the inositol group (70%) compared to the control group (55%). Conclusion: Inositol supplement improves clinical pregnancy rate in infertile women undergoing ovulation induction for ICSI or IVF-ET.

**Iodide Transporters in the Endometrium: A Potential Diagnostic Marker for Women with Recurrent Pregnancy Failure**

**Abstract:** The purpose of this study was to evaluate the expression of iodide transporters in the endometrium of women with recurrent pregnancy failure (RPF) compared to women with normal pregnancies. Methods: Endometrial biopsies were obtained from 10 women with RPF and 10 women with normal pregnancies. Results: The expression of iodide transporters was significantly higher in the endometrium of women with RPF compared to women with normal pregnancies. Conclusion: The expression of iodide transporters in the endometrium may be a potential diagnostic marker for women with RPF.

**Effects of vitamin C on the outcome of in vitro fertilization-embryo transfer in endometriosis: A randomized controlled study**

**Abstract:** The purpose of this study was to evaluate the effect of vitamin C on the outcome of in vitro fertilization-embryo transfer (IVF-ET) in women with endometriosis. Methods: A randomized controlled trial was conducted with 100 women with endometriosis. Results: The clinical pregnancy rate was significantly higher in the vitamin C group (65%) compared to the control group (50%). Conclusion: Vitamin C supplementation improves the clinical pregnancy rate in women with endometriosis undergoing IVF-ET.

**Alpha-Lipoic Acid Plays a Role in Endometriosis: New Evidence on Inflammation-Mediated Interleukin Production, Cellular Adhesion and Invasion**

**Abstract:** The purpose of this study was to evaluate the role of alpha-lipoic acid (ALA) in endometriosis. Methods: Endometrial biopsies were obtained from 10 women with endometriosis and 10 women with normal endometrium. Results: The expression of interleukin-6 (IL-6) and matrix metalloproteinase-9 (MMP-9) was significantly higher in the endometrium of women with endometriosis. Conclusion: ALA plays a role in endometriosis by regulating inflammation-mediated interleukin production, cellular adhesion, and invasion.

**Vitamin E as an Antioxidant in Female Reproductive Health**

**Abstract:** The purpose of this study was to evaluate the effect of vitamin E on female reproductive health. Methods: A randomized controlled trial was conducted with 100 women. Results: The clinical pregnancy rate was significantly higher in the vitamin E group (60%) compared to the control group (50%). Conclusion: Vitamin E supplementation improves female reproductive health.

**CITY PERSPECTIVES**

able takes the guesswork out of getting pregnant. Learn more

**Oral administration of l-carnitine improves the clinical outcome of fertility in patients with IVF treatment**

**Abstract:** The purpose of this study was to evaluate the effect of l-carnitine on the clinical outcome of fertility in patients with IVF treatment. Methods: A randomized controlled trial was conducted with 100 women. Results: The clinical pregnancy rate was significantly higher in the l-carnitine group (65%) compared to the control group (55%). Conclusion: l-carnitine supplementation improves the clinical outcome of fertility in patients with IVF treatment.

**A Diet Low in Manganese Increases Complications with Ovulation and May Impact Fertility**

**Abstract:** The purpose of this study was to evaluate the effect of a diet low in manganese on ovulation and fertility. Methods: A randomized controlled trial was conducted with 100 women. Results: The clinical pregnancy rate was significantly lower in the low manganese group (45%) compared to the control group (60%). Conclusion: A diet low in manganese increases complications with ovulation and may impact fertility.

**Soluble fibers from psyllium improve glycemic response and body weight among diabetes type 2 patients (Randomized control trial)**

**Abstract:** The purpose of this study was to evaluate the effect of soluble fibers from psyllium on glycemic response and body weight in patients with type 2 diabetes. Methods: A randomized controlled trial was conducted with 100 patients. Results: The glycemic response and body weight were significantly improved in the psyllium group. Conclusion: Soluble fibers from psyllium improve glycemic response and body weight in patients with type 2 diabetes.

**Folate and human reproduction<sup>1-8</sup>**

**Abstract:** The purpose of this review is to evaluate the role of folate in human reproduction. Folate deficiency is a common cause of reproductive failure. Methods: A review of the literature was conducted. Results: Folate deficiency is associated with reproductive failure, including miscarriage, stillbirth, and congenital anomalies. Conclusion: Folate supplementation improves reproductive outcomes.

# Repro Vita-M

Supplement for men



# Repro Vita-M

Supplement for men which improve sperm quality  
for men who have low sperm count or sperm problems.  
It can be taken during infertility treatment

- ✓ Enhance sperm quality
- ✓ Increase the number of ejaculation
- ✓ Increase sperm count
- ✓ Improve sperm motility
- ✓ Reduce DNA damage
- ✓ Reduce abnormal sperm
- ✓ Increase sperm survival rate
- ✓ Decrease sperm degeneration
- ✓ Reduce the lack of protein in sperm





# Who is suitable for Repro Vita-M ?

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Men who receive  
infertility treatment



Men who want to  
improve sperm quality



Men who want to enhance  
male potency



Men who want to increase  
the chance of pregnancy



Men who want to take care of  
their nervous system and health

# Repro Vita-M

## Key ingredients

- Consist of French pine bark extract (Pycnogenol) that helps with blood flow, reduces inflammation, and boosts collagen and elastin under skin layers
- L-Arginine: It helps improve sperm count, quality, and motility
- Magnesium: It reduces abnormal sperm, reduce infertility, and increase the chance of fertilization
- L-Cysteine: It reduces sperm degeneration and increases testosterone

There are 21 essential ingredients that effectively enhance sperm quality and health in overall.

## ส่วนประกอบที่สำคัญใน 1 เม็ด

• แอล-อาร์จินีน (L-Arginine)	300 มก./mg
• แมกนีเซียม อะมิโน แอซิด คีเลต 20% (Magnesium amino acid chelate 20%)	250 มก./mg
• แอล-ซิสเทอีน (L-Cysteine)	200 มก./mg
• แกมมาโอไรซานอล (Gamma Oryzanol)	50 มก./mg
• ซิงค์อะมิโนแอซิดคีเลต 20% (Zinc Amino Acid Chelate 20%)	37.5 มก./mg
• ไลโคปีน 10% (Lycopene 10%)	30 มก./mg
• สารสกัดจากเปลือกสนฝรั่ง (Pine Bark Extract) (Pycnogenol)	30 มก./mg
• กรดแอสคอร์บิก (วิตามิน ซี) (Ascorbic acid) (Vitamin C)	30 มก./mg
• กรดอัลฟาไลโปอิก (Alpha Lipoic Acid)	25 มก./mg
• โคเอนไซม์ คิวเทน (Co Enzyme Q10)	15 มก./mg
• ดีแอล-แอลฟา-โทโคเฟรลแอซิเตต (50%) (วิตามิน อี) (DL-alpha-tocopheryl acetate (50%) (Vitamin E)	10 มก./mg
• ไนอะซินอะไมด์ (วิตามิน บี3)/Niacinamide (Vitamin B3)	10 มก./mg
• ซีลีเนียมอะมิโนแอซิดคีเลต (Selenium Amino Acid Chelate 1%)	3.5 มก./mg
• ดี แพนโทธีเนต แคลเซียม (D Pantothenate Calcium)	3 มก./mg
• วิตามิน ดี3 (100,000 IU/g) (Vitamin D3) (100,000 IU/g)	1 มก./mg
• ไพริดอกซีน ไฮโดรคลอไรด์ (Pyridoxine Hydrochloride)	1 มก./mg
• วิตามิน บี12 (0.1%) (Vitamin B12) (0.1%)	1 มก./mg
• กรดโฟลิก 10% (Folic Acid 10%)	1 มก./mg
• ไรโบฟลาวิน 98% (Riboflavin 98%)	0.85 มก./mg
• ไทอะมิน ไฮโดรคลอไรด์ (Thiamine Hydrochloride)	0.75 มก./mg
• ดี-ไบโอติน (D-Biotin)	0.075 มก./mg

# Repro Vita-M



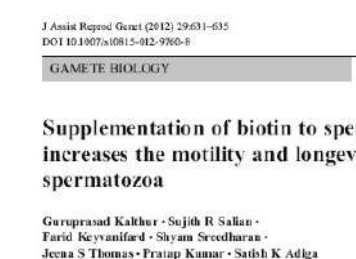


# Studies on the ingredients of Repro Vita-M



## EFFECTS OF MAGNESIUM ON SPERMOGENESIS

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<sup>2</sup>Hungarian Magnesium Society, <sup>3</sup>JATE Dept. of Inorganic Chemistry and  
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# ASTA PRO

Astaxanthin with CoQ10



# ASTA PRO

Diet supplement Astaxanthin with CoQ10  
which consists of Japanese red algae that is an  
antioxidant, helps reduce wrinkles.

10 ingredients in total

- ✓ Improve antioxidant and reduce primary wrinkles
- ✓ Enhance eggs and sperm
- ✓ Is an antioxidant that prevent the risk of cancer
- ✓ Reduce the risk of vascular related disease
- ✓ Enhance body immune
- ✓ Enhance brain and nervous system
- ✓ Reduce the symptoms of menopause



# Who is suitable for ASTA PRO ?



People who want to take care of health and beauty



People who want to enhance body immune



People who want to slow cells degeneration



Women at menopause age



People who want to take care of sperm and ovum



# ASTA PRO

## Key ingredients

- Astaxanthin from Japanese imported haematococcus pluvialis: It is the most powerful antioxidant that also helps with nutrient absorption
- Coenzyme Q10: It helps slow wrinkles and aging, enhance skin brightness, and improve sperm count and egg quality
- Gamma Oryzanol: Derived from rice germ oil, it helps with blood pressure, enhances brain and nervous system, and boosts body immune
- Collagen Dipeptide: It improves skin moisture and elasticity


In total, it consists of 10 beneficial vitamins for skin and health.

# ASTA PRO

ผลิตภัณฑ์เสริมอาหารสำหรับชายและหญิง

ส่วนประกอบสำคัญใน 1 แคปซูล

น้ำมันจมูกข้าว (Rice Germ Oil)	300 มก./mg
สารสกัดจากสาหร่ายสีน้ำตาลคอคัส พลูวียาลิส (แอสตาแซนทิน 5%) (Haematococcus Pluvialis Extract) (Astaxanthin 5%) (ให้แอสตาแซนทิน 6 mg)	120 มก./mg
โคเอนไซม์ คิวเทน (Co Enzyme Q10)	30 มก./mg
คอลลาเจนไดเปปไทด์จากปลา (Fish Collagen Dipeptide)	30 มก./mg
แอสคอร์บิล ปาล์มิเตต (วิตามิน ซี) (Ascorbyl Palmitate) (Vitamin C)	30 มก./mg
ไอรอน อะมิโน แอซิด คีเลต 20% (Iron Amino Acid Chelate 20%)	15 มก./mg
สารสกัดจากทับทิม (Pomegranate Extract)	15 มก./mg
สารสกัดจากโกจิเบอร์รี่ (Goji Berry Extract)	15 มก./mg
ดีแอล-แอลฟา โทโคเฟอร์รอล (วิตามิน อี) (DL-Alpha Tocopherol) (Vitamin E)	10 มก./mg
กรดอัลฟาไลโปอิก (Alpha Lipoic Acid)	10 มก./mg



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Asta Pro Dietary Supplement Product

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# Studies on the ingredients of ASTA PRO



## Review Astaxanthin in Skin Health, Repair, and Disease: A Comprehensive Review

Sergio Davinelli <sup>1,\*</sup>, Michael E. Nielsen <sup>2</sup> and Giovanni Scapagnini <sup>1</sup>

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## Article CoQ10 Supplementation in Patients Undergoing IVF-ET: The Relationship with Follicular Fluid Content and Oocyte Maturity

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## Article A Collagen Supplement Improves Skin Hydration, Elasticity, Roughness, and Density: Results of a Randomized, Placebo-Controlled, Blind Study

Liane Bolke <sup>1</sup>, Gerrit Schlippe <sup>1</sup>, Joachim Gerb <sup>2</sup> and Werner Voss <sup>1,\*</sup>

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Clinical Report

## Effect of $\alpha$ -lipoic acid on symptoms and quality of life in patients with painful diabetic neuropathy

Evangelos Agathos, Anastasios Tentolouris ,  
Ioanna Eleftheriadou, Panagioti Katsaouni,  
Ioannis Nemetas, Alexandra Petrou,  
Christina Papanikolaou and  
Nikolaos Tentolouris

*J. Endocrinol. Invest.* **33**: 426–432, 2010  
DOI: 10.3279/13571

## Coenzyme Q<sub>10</sub> and male infertility

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and Endocrine Gynaecology Unit, Policlinico Umberto I, University of Rome "La Sapienza", Rome, Italy

**ABSTRACT.** We had previously demonstrated that Coenzyme Q<sub>10</sub> (CoQ<sub>10</sub>) also commonly called ubiquinol is present in well-measured levels in human seminal fluid, where it probably exerts important metabolic and antioxidant functions; several CoQ<sub>10</sub> concentrations show a strong correlation with seminal parameters (count and motility). Alteration of CoQ<sub>10</sub> content was also shown in conditions associated with male infertility, such as asthenozoospermia and varicocele (SVS). The physiological role of this molecule was further clarified by treating into its variations in consecutive infertile by different medical or surgical procedures used in male infertility treatment. We therefore evaluated CoQ<sub>10</sub> concentration and distribution between seminal plasma and spermatozoa in VAS, before and after surgical treatment, and in infertile patients after recanalization human FSH therapy. The effect of CoQ<sub>10</sub> on sperm motility and function had been addressed only through some *in vitro* experiments. In two distinct stud-

ies conducted by our group, 22 and 60 patients affected by idiopathic asthenozoospermia were enrolled, respectively. CoQ<sub>10</sub> and its reduced form ubiquinol, increased significantly both in seminal plasma and sperm cells after treatment, as well as spermatozoa motility. A weak linear dependence among the relative variations, at baseline and after treatment, of seminal plasma or intracellular CoQ<sub>10</sub> oligated levels and kinetic parameters was found in the treated group. Patients with lower baseline value of motility and CoQ<sub>10</sub> levels had a statistically significant higher probability to be responders to the treatment. In conclusion, the exogenous administration of CoQ<sub>10</sub> increases both ubiquinol and ubiquinol levels in semen and can be effective in improving sperm kinetic features in patients affected by idiopathic asthenozoospermia.  
*J. Endocrinol. Invest.* **33**: 426–432, 2010  
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## COVID-19 is an emerging, rapidly evolving situation.

Get the latest public health information from CDC: <https://www.cdc.gov/covid>  
Get the latest research information from NIH: <https://www.nih.gov/covid-research> | see especially:  
<https://stacks.bhi.gov/covid-19>

Home | Making Decisions | Dietary Supplement Fact Sheets | Vitamin C | Vitamin C - Health Professionals

## Vitamin C

Fact Sheet for Health Professionals

This is a fact sheet intended for health professionals. For a reader-friendly overview of Vitamin C, see our consumer fact sheet on Vitamin C.

For information on Vitamin C and COVID-19, see the [NIH COVID-19 Treatment Guidelines on Vitamin C](https://www.nih.gov/covid-19)  
<https://www.nih.gov/covid-19>

## What are the health benefits of goji berries?



Medically reviewed by **Natalie Butler, B.D., L.D.** — Written by Liane Barham on August 7, 2018

Seven benefits | What makes them so good? | Adding to the diet | Who should avoid? | Takeaway

We include products we think are useful for our readers. If you buy through links on this page, we may earn a small commission. [Here's our process.](#)

The scientific community has been investigating the health benefits of goji berries, as the popularity of these tiny fruits has grown. Their purported benefits range from anti-aging effects to glucose regulation and immune function support.

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Search Encyclopedia

Search

## Alpha Lipoic Acid

ALA, alpha-lipoic acid, TA, thioctic acid

## General description

Alpha lipoic acid (ALA) is an antioxidant. It is quickly absorbed from the gastrointestinal tract. It dissolves in both water and fat in the body.

## Demonstrated uses

The main use for ALA is to treat diabetic neuropathy. Neuropathy causes sensory changes. These include stinging, burning, pain, and numbness in parts of the skin. ALA hasn't been proven to be helpful for neuropathy. But research is underway to assess the use of ALA for people with neuropathy.

Several small studies have also shown that ALA can help to increase insulin sensitivity. It can lower blood sugar levels in people with diabetes. More research is needed to confirm this.

ALA is a potent antioxidant. This function may protect nerve tissue from damage. Conditions such as diabetes may be helped by antioxidants such as ALA.

# NUVO LIFE CARE Products Accreditation





# Reviews of NUVO LIFE CARE





**THANK YOU**